



**Monmouth
Rugby
Football
Club**

Telephone: 01600 712309
Email: info@monmouthrfc.com
www.monmouthrfc.com

Craig Everett - WRU/MRFC Schools HUB Rugby Officer

First Year Summary Report

I believe that I have made a positive impact in and around the Monmouth schools and the rugby club since I took up my role as WRU/MRFC Schools HUB Rugby Officer in August 2016. The objective of the role is to develop the game of rugby and rugby playing warriors and gentlemen in Monmouth at all ages.

I have assisted in recruiting 40 new players to Monmouth RFC Young Rugby over most age groups and most noticeably the more junior teams – Under 7s – 11s. New player recruitment has come about due to the excellent facilities and structure at the club, good relationships with the schools and encouraging the boys to come along and join in. I look forward to building on these recruitment numbers this season.

I am actively building relationships with the local primary schools, with the intention to inspire a taste for rugby and develop skills through training sessions run in the schools. This is an important initiative, ensuring a strong foundation of rugby to feed into the club and the senior schools.

I have taken control of delivering Mon Stars rugby camps during school holidays, which are always very well received and another great way of encouraging children and their parents to get involved with rugby and our community club.

I believe that I have built good working relationships with both Monmouth Comprehensive School and Monmouth Boys School. I understand that there was a level of apprehension in relation to my involvement at the start but, having spent time to engage with both PE departments, I feel confident that we are now working together with the same goals; – developing and encouraging rugby participation. I believe that I have integrated well and am regarded as a valued member of staff and a useful rugby resource within both schools. I hope that I have earned the respect of both staff and pupils.

The response I have had within the schools has been great. I have been able to arrange countless fixtures and training sessions and have seen a significant improvement in individual skill sets already. With help from the teachers, we held fixtures between the two Monmouth senior schools last season, which has not happened for several years and which I hope will continue this season.

Due to my involvement with the Boys school we hope to be able to recruit and structure a MRFC Youth Team this season. The objective will be to schedule around the busy school fixtures with a view to playing two competitive matches before Christmas, and up to six matches in the New Year. Complimentary Club membership and kit for players, coupled with a warm welcome from everyone at MRFC, should help to form the basis of the Youth team for many seasons to come.

I taught 10 Rugby Leaders at Monmouth Comprehensive School last season who helped deliver rugby coaching sessions with me at the primary schools. I hope to be able to deliver a similar number in the Comprehensive School this season and anticipate delivering the Rugby Leaders programme to up to 20 pupils at the Boys School this term.





**Monmouth
Rugby
Football
Club**

Telephone: 01600 712309
Email: info@monmouthrfc.com
www.monmouthrfc.com

A key part of my role is to help all Monmouth rugby coaches to gain the correct coaching qualifications and skills, to ensure their players enjoy their rugby and are successful. Last season we held CPD sessions with three former Welsh internationals - Richie Rees, Rhys Thomas and Peter Rogers. These sessions covered "hooked on throwing" for hookers, "catch pass" for all players and "Scrum and Lineout Masterclasses" for forwards. We received very positive feedback from the coaches and players who attended at the CPD sessions.

Coaches appreciate having the opportunity time to experience and learn new coaching skills. Moving forward I would like to see greater participation in the CPD sessions we have arranged for this season from all MRFC and teacher coaches when possible. I have tried to pass my coaching knowledge onto the rugby coaches at the schools, and MRFC where possible. I am here to help; therefore, I welcome feedback and requests for assistance from coaches.

MRFC is now one of the best qualified coaching clubs in the in the Dragons region. We arranged a Level 1 coaching course in Monmouth the season before last and a Level 2 coaching course at MRFC this summer. Eight new Level 2 coaches and 7 new Level 1 coaches qualified at MRFC last season. The WRU will be hosting coaching courses at MRFC, as the club is a WRU accredited training centre. This season I would like to work with the coaches at the club and the schools in identifying and upskilling their coaching qualifications wherever possible.

Girl's rugby in Monmouth continues to flourish and a key objective has been to engage girls in the Comprehensive School and HMSG in the Maidens rugby franchise that runs from April to August as well as running tournaments and taster sessions throughout the year as we did last season.

In my role as senior coach at Monmouth RFC I have been impressed with the desire and willingness of the players to take on new coaching techniques and to adapt to my way of coaching. We made significant progress in both League and Cup competitions last season. A successful 1st XV and a Druids (2ndXV) side that is playing consistently and well, is critical for the future success of the club. All junior sides look up to the senior players and teams and so it is important that they continue to be seen as successful rugby warriors and gentlemen.

It was great to see last seasons' club Captain Sam Parsons and our two New Zealand players; Aмоса Nove and Jono Pahulu, who we brought over on a rugby sabbatical last year, running with 100 young rugby players at the Monmouth Santa Fun Run last Christmas. They helped raise funds for the disabled class at Osbaston Primary school.

This year a key objective for MRFC will be to engage senior players with the young rugby teams on a coaching and mentoring capacity, encouraging the young players to come and watch their local rugby heroes play for MRFC on a Saturday on the Sports Ground.

The success of the club has not gone unnoticed in the community. There is a real buzz around the club and the town as a result of our rugby initiatives and successes, which is both inspiring and motivational. I look forward to working with all concerned in developing our Monmouth Rugby Family!!





Key Statistics and Achievements 2016 /17

Monmouth Comprehensive School

- Participation Numbers currently as follows
Yr7 – 42 / Yr 8 – 20 / Yr 9 – 30 / Yr 10 – 25 / Yr 11 – 0
Seniors – 28
Girls – 40
- Number of fixtures – 120
- Number of tournaments -15 - including first ever entry to the Urdd national 7's (Yr 7, Yr 9, Seniors and Girls)
- Hosted 4 boys and 1 girls 7's tournaments with a total of 34 different schools entered and over 650 children playing Rugby and using the facilities at Monmouth.
- 10 year 12 students have qualified as Rugby Leaders each with 30 hours of experience coaching at Primary Schools in the local area.
- Formed excellent links with all teaching staff with in the school

Monmouth Boys School

Participation Numbers currently as follows:

1st Form (Year 7) – We have 75 boys playing – 2016/17 played 31 fixtures A/B/C Teams

- 2nd Form (Year 8) – We have 60 boys playing - 2016/17 played 30 fixtures A/B/C Teams
- 3rd Form (Year 9) – We have 45 boys playing – 2016/17 played 23 fixtures A/B/C Teams
- 4th Form (Year 10) – We have 45 boys playing – 2016/17 played 24 fixtures A/B/C Teams
- 5th Form (Year 11) – We have 20 boys playing (a worry!) – 2016/17 played 21 fixtures A/B Teams
- 6th Form (Year 12 & 13) – We have 60 boys playing – 2016/17 played 37 fixtures 1st/2nd/3rd XV's
- Number of fixtures – 166
- Excludes 7s tournaments and pre-season tour
- Formed excellent links within the school where there weren't any previously
- Helped to coach 1st XV Rugby team
- Helped to coach 1st XV 7s team
- Attended Roslyn Park 7s tournament as part of the coaching team where we reached the semi finals
- Attended at the 1stXV per season training tour to Dublin Ireland for 5 days in August.
- Organised Year 7 and 8 varsity matches between the Comprehensive and the Boys school.
- Hosted first Year 7 Sevens tournament involving 16 other school teams.
- Responsible for delivering Rugby Fitness Programme for the 1st XV for first time in the summer term.





Monmouth Young Rugby

Participation Numbers currently as follows

- U16S WRU - 6 ACTUAL - PLAYED 0
- U15S WRU - 4 ACTUAL - PLAYED 0
- U14S WRU - 28 ACTUAL 28 PLAYED 18
- U13S WRU - 14 ACTUAL 9 PLAYED 11
- U12S WRU 19 ACTUAL 11 PLAYED 11
- U11S WRU 26 ACTUAL 26 PLAYED 18
- U10S WRU ACTUAL 26 PLAYED 21
- U9S WRU 27 ACTUAL 28 PLAYED 19
- U8S WRU 19 ACTUAL 19 PLAYED 20
- U7S WRU 18 ACTUAL 16 PLAYED 25
- Number of fixtures – 183 – excluding tournament matches
- Number of tournaments – 5
- One Tour – 7 Teams – 40 matches played
- Delivered three CPD events of the course of the season
- Organised Level 2 coaching course to qualify 8 coaches this summer
- Coached U12s and U13s
- Attended end of season tour to Tenby with 7 age groups and over 200 tourists

Girls School

- Held first ever touch Rugby tournament between comprehensive school and HMSG.
- Increase in participation numbers





Primary Schools

- Cross Ash
Year 5 – 25 players / Year 6 – 20 players / Total 10 hours coaching
- Kymin View
Year 4 – 28 players / Year 5 – 26 players / Year 6 – 21 / Total 18 hours coaching
- Overmonnow
Year 5 – 25 players / Year 6 -28 players / Total 6 hours coaching

Maidens

- Limited progress was made this season
- limited numbers attended each session on Wednesdays

CPD Events

- Catch Pass
 - Hooked on Throwing
 - Tackle Technique
 - Building a line out
 - Scrum Ready
 - Level 2 coaching course - 8 coaches qualifies at MRFC
- Over 60 people participated in these events

MRFC Senior Coaching

- Planned and delivered first XV training sessions and fixtures.
- Responsible for all elements of team as head coach.
- Organised 10s tournament for 6 senior teams in Monmouth this summer
- Touch Rugby tournament every Wednesday for 7 weeks out of season





TARGETS AND PLANS 2017 - 18

The following is an outline of key objectives for the 2017 /18 rugby season and leading into the summer. In the event that any initiatives have been missed please contact me. Our ability to be successful will largely depend on key stakeholders – coaches – teachers – rugby administrators - throughout the Monmouth community engaging with the programme. Thank you all in advance for your wonderful support, help and hard work.

KEY INITIATIVES

- Transfer players to MRFC where possible and to enjoy 15 and 7 a side fixtures – predominantly played during the week and on Sunday mornings
- Recruit and develop players for all MRFC teams and specifically at U12, U13, U14, U16
- Continue to develop MRFC Youth team and fulfill 8 fixtures throughout the season
- Organise 7s tournaments for the senior schools involving years 7 – 8 – 7 – 10
- To continue to engage with disgruntled pupils through breakfast clubs and other initiatives and to try and engage them with the school and with rugby wherever possible
- Deliver Rugby Leader Courses in both senior schools and up skill the new Rugby Leaders & use Rugby Leaders in primary schools and club to deliver planned sessions
- Organise Primary school visits & consistent weekly rugby sessions engaging with all 10 local schools
- Interact with all coaches – teachers at the club and schools – arrange CPD events – encourage participation in funded WRU Level 1 & 2 courses in Monmouth & individual – team coaching assistance
- Develop Girls rugby in conjunction with the MRFC Maidens Girls Rugby franchise with interaction through all primary and senior schools including HMSG
- To organize Girls rugby tournaments and competitions using MRFC facilities as required
- Continue building on the success of the MRFC senior teams – increase skill sets and recruit new players
- To use our senior players to help promote rugby where possible around Monmouth with special consideration to MRFC young rugby teams
- Formulate plans and time table for Summer 2018 including: 7s – 10s tournaments – touch rugby – Maidens Rugby – Alternative team activities (canoeing – paint balling – alternative team sports & games)
- To organise and engage a full Monstars Rugby Camp programme for Christmas, Easter and Summer for existing and new MRFC participants
- To organise Fun Rugby Festivals in October 2017 and August 2018 to encourage new participants





**Monmouth
Rugby
Football
Club**

Telephone: 01600 712309
Email: info@monmouthrfc.com
www.monmouthrfc.com

Craig Everett
WRU/MRFC Schools HUB Rugby Officer
13/09/2017
Monmouth Rugby 2016-2017 Review

